

THE PASTURES COMMUNITY GARDEN PROJECT

THIS COMMUNITY GARDEN PROJECT IS PART OF THE STRATEGY OF THE SAVE OUR PASTURES CAMPAIGN BY THE PASTURES ACTION GROUP. OUR AIM IS TO ENSURE THAT THE PASTURES SITE REMAINS AS A COMMUNITY SERVICE FACILITY FOR THE FORSEEABLE FUTURE.

THE COMMUNITY GARDEN DESIGN HAS BEEN DEVELOPED IN CONSULTATION WITH THE COMMUNITY AND HAS RECENTLY BEEN AWARDED WARD FUNDING FROM THE LONDON BOROUGH OF WALTHAM FOREST.

THE COMMUNITY GARDEN AIMS TO PROVIDE

- A WELCOMING, ATTRACTIVE ENTRANCE AND ENVIRONMENT AS USERS ENTER THE MAIN GATE INTO THE PASTURES SITE TO ACCESS THE PASTURES SPORTS FACILITY AND THE "BACK TO OURS" CAFÉ IN THE GOOD SHEPHERD STUDIOS
- A FRIENDLY COMMUNITY GARDEN SUITABLE FOR FAMILIES, THE LONELY AND ELDERLY IN THE COMMUNITY TO ENJOY
- A TRANQUIL SPACE TO PROVIDE HEALTH AND WELLBEING BENEFITS TO THE WHOLE COMMUNITY
- FRUIT PICKING FOR THE COMMUNITY FROM A FEW DWARF FRUIT TREES AND SOFT FRUIT BUSHES RECENTLY PLANTED
- PROVISION OF EDUCATIONAL INFORMATION AND OPPORTUNITIES IN THE FORM OF:
 - INFORMATION BOARDS DESCRIBING THE BIODIVERSITY WITHIN THE GARDEN AT KEY LOCATIONS
 - A BUG HOTEL MADE AT AN EXISTING LARGE TREE STUMP TO ENABLE OBSERVATION OF THE BUG LIFE
 - PLANNED COURSES BY ORGANICLEA OR THE ORCHARD PROJECT ON GARDEN AND FRUIT TREE CARE
- VOLUNTEERING OPPORTUNITIES FOR PEOPLE IN THE COMMUNITY TO DEVELOP AND MAINTAIN THE GARDEN WHILST MAKING NEW FRIENDS, GETTING FRESH AIR AND EXERCISE FOR HEALTH AND WELLBEING

VOLUNTEERS REQUIRED

WE ARE LOOKING FOR VOLUNTEERS TO SUPPLEMENT OUR CORE GROUP OF ABOUT 6 PEOPLE.

CURRENTLY OUR VOLUNTEERING TAKES PLACE ON A SATURDAY AND SUNDAY MORNING FROM ABOUT 9AM OR 9.30AM TO LUNCHTIME AND SOMETIMES BEYOND. WE HOPE TO EXTEND THIS TO SOME WEEKDAYS TO SUIT VOLUNTEERS. YOU DO NOT NEED ANY GARDENING EXPERIENCE TO VOLUNTEER BUT EXPERIENCED GARDENERS ARE ALSO WELCOME. IF YOU WOULD LIKE TO GET INVOLVED, MEETING NEIGHBOURS FOR A CHAT AND LEARNING ABOUT GARDENING WHILST IMPROVING THIS IMPORTANT COMMUNITY FACILITY JUST TURN UP ON A SATURDAY OR SUNDAY MORNING OR CONTACT US AT:

Gardening@ourpastures.org AND WE WILL SEND YOU A LINK TO OUR WhatsApp GARDENING GROUP WITHIN 48 HRS