

Good Shepherd Studios, 15A Davies Lane



GOOD SHEPHERD
Studios

In 2022 three creative people from Ferndale, Danie, Jake and Zak took on the Good Shepherd Building next to the Ferndale Centre in Davies Lane and they have almost finished renovating it. There are three strands to the project:

1. Providing Studios, private workspaces and shared desks
2. Community involvement, including a beautiful garden overlooking the garden
3. Creative activities, including creative arts, focused workshops and events

The majority of the studios have now been let.

There are two rooms available for hire including one with a small stage. Current regular events include:

Monday and Wednesday mornings: baby and toddler music group: 9.30-10.15 & 10.30-11.15

Thursday: 14.00- 1500 Free Seated Yoga with Jessica.

Thursday: 19.00- 20.00 Sunset Slow Down Yoga with Jessica

Following focus groups with local residents, they plan an **Open Day on Sunday 26th March**, when the studios and hired rooms, including a chocolate factory, will be open for us to visit. There will be a selection of workshops for us to join in. Find out more or get involved at www.goodshepherdstudios.com

Save the Date: Sunday 14th May: FARA Street Party!!!

Pastures Garden 15 Davies Lane

A group of local residents have been working in the Pastures Garden for about a year now, aiming to turn the overgrown area between the Pastures centre and the Good Shepherd building into a public garden. Much early work involved digging out ivy, bramble and bindweed but we've now got a couple of beds bordering the path that are well established. We've planted daffodils and narcissi for the spring, then irises, poppies, nigella, geraniums for the summer months and some larger plants and shrubs (roses, hydrangeas). Also a 'herb garden' of mint, thyme, rosemary and tarragon - all donated by volunteers.

Our longer term plan is to plant some small fruit trees (with help from a local organic gardener) and some wild flowers and meadow grasses. We've begun to lay out a path that meanders across the garden - but first there's a lot more clearing to do. If anyone is interested in taking part, the gardening sessions take place on Saturday and Sunday mornings (when the weather permits) between about 10am and noon. No previous gardening experience or tools are required, just turn up on the day.

We also have a **Pastures Gardening whatsapp group** - contact Tim Read (timreadphyrfly@gmail.com)

2022 Memories		2023 Events	
		March/April	Litter Pick
		Mid-April	Bluebell Walk
		Sun 14 th May	Street Party
		Thurs 25 th May	AGM at Pastures
		June	Pastures Garden Event
		Aug/Sept	Pastures Open day
		Sept	Jumble Trails
		Regular Events	
		Every Sat 10.00am-12.00	Volunteer Gardening Group at Pastures
		Every Monday 5.00- 7.00pm	FARA social at Pastures: Pool, chess table tennis, cards, board games tea, cake and conversation
		4 th Wed of every month 8.00pm	FARA committee: 07900 498440
			
Halloween Pumpkin Competition		FARA Bulbs planted in Autumn	

Cann Hall and Leytonstone Safer Neighbourhood Teams

Our Local Area Police Team covers Cathall, Cann Hall and Leytonstone wards. Davies Lane and Cotton Close are in Leytonstone ward. The rest of FARA is in Cann Hall ward. On 2nd February Cann Hall SNT held a well-attended lively AGM. The main issues of the past year were car theft, theft from and damage to cars, drug dealing, burglaries, women's safety and anti social behaviour. The police advised us not to leave any belongings in cars and to report **all crimes**: 999 for emergencies, 101 if not an emergency. Phil Dundon was re-elected as chair. A big thank you to the local residents who stepped up as vice chair and secretary. The next meeting is on **Thursday 20th April** at 7.00pm at Jenny Hammond school. The date for the next Leytonstone SNT meeting will be **Tuesday 21st March (on line)**. **There will be a Pop-up Police station at Leytonstone Library 17.00- 19.00 on Mondays, 6th, 13th, 20th & 27th March.** Or contact your SNTs at: NEmailbox.SNTCannhall@met.police.uk NEmailbox.SNTLeytonstone@met.police.uk

Woodhouse Players

Double Bill: "Tracks" by Peter Tarsi and "All Hallows Eve" by Peter Harrison. 10th, 11th, 17th & 18th March. 881 High Road Leytonstone E11. **FARA members get a free programme.** Book online at ticketsource.co.uk/woodhouseplayers

FARA Membership Form for 2023

I/we want to join FARA, and enclose £2 annual subscription for one household (plus optional donation £.....)

Name(s).....

Address

Telephone.....

Email (if you're happy to be contacted by email)

I am interested in/could help with.....

Please pop this slip and your fee into the letterbox at 12 Davies Lane or 53 Ferndale Road. Your 2023 membership card and an optional Neighbourhood Watch sticker for your window will be delivered to you shortly. Thank you for joining or renewing!